

# INSTRUCTIONS FOR USE



# ManaEZ COLLAR74



## Indications

The brace is intended exclusively for orthotic fittings of the cervical spine and exclusively for contact with intact skin. The brace must be used in accordance with the indications.

- Acute pain syndromes of the cervical spine
  - Stenosis of the cervical spine
  - Whiplash trauma of the cervical spine
  - Fractures in the cervical spine (simple and stable)
  - Dislocation & dislocation fractures of the cervical spine (postoperative)
  
  - Traumatic injury to the cervical spine
  - Radiculopathies of the cervical spine
- The indication must be determined by the physician.

## Selecting the Size

The brace is available in a universal size. Distances between the tip of the chin and the top of the sternum in the range of 6.4 cm to 12.7 cm can be fitted.

## Adaptation

- 1) Turn the brace lock on both sides counter-clockwise to the "unlocked" position (arrowheads in vertical position) (see fig. a).
- 2) Engage the brace on both sides in the corresponding position (1-9) (see fig. b). CAUTION! Ensure that the brace setting is the same on both sides.
- 3) Turn the brace lock clockwise to the "locked" position (arrowheads in horizontal position) (see fig. c).
- 4) Adjusting the inner part of the brace for small neck diameters: Hold the neckpiece of the inner part of the brace with both hands and press it together. This will allow you to bend the brace round.
- 5) Optional: Shorten the hook-and-loop closure to the desired length (see fig. g).

## Application

- > The patient is standing or sitting down.
- > Open the hook-and-loop closure on one side of the brace.
- 1) Place the inside of the brace on the neck from the front (see fig. d).
- 2) Place the outside of the brace on the neck from behind (see fig. e).
- The chin rests on the recess.
- 3) Fasten the hook-and-loop closure again (see fig. f).



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