

ManaEZ ANKLE 71

Ankle Brace Instructions for Use



MANAMED™

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Features:

Rigid panels provide strength and support
Adjustable straps and laces for a secure fit
Hinged to allow for unrestricted ankle movement
Lightweight, breathable and comfortable

Indications for use:

Chronic and/or lateral ankle instability
Degenerative Joint Disease
Post-fracture care
Acute ankle sprain
Tendinitis of ankle
Osteoarthritis
Effusion of joint, ankle and foot
Support for chronic instability following rehabilitation

Application:

Step 1: Loosen top straps.

Step 2: Place foot in brace.

Step 3: Secure top straps to desired comfort level.

Do not over tighten.

Step 4: Tighten laces for a secure and snug fit.

Do not over tighten.

Posterior Panel Application:

Step 1: The extender panel can be attached for additional support. Feed the cuff through the slots on the panel and reattached to the cuff.



Product Name	Part Number
EZ Ankle 71 Left Small	EZA71LS
EZ Ankle 71 Right Small	EZA71RS
EZ Ankle 71 Left Medium	EZA71LM
EZ Ankle 71 Right Medium	EZA71RM
EZ Ankle 71 Left Large	EZA71LL
EZ Ankle 71 Right Large	EZA71RL

Caution! Please read carefully prior to product use:

Notice:

This device is intended for use only under the direction of a medical professional. If you experience any pain, swelling, sensation changes, or any unusual reactions while using the product, consult your medical professional immediately.

Cleaning instruction:

Remove soft liner from brace and hand wash in cold water with mild detergent. Wipe the remainder of the brace with cold water. Allow all parts to air dry before re-assembly. Do not dry clean, iron, or bleach any part of this brace, as it could cause damage and void the manufacturer's warranty.